



Criteria for eligibility for workplaces with active screening programmes in Corporate Wellness Challenge 2025



MINISTRY OF
HEALTH &
WELLNESS



Screening for non-communicable diseases involves tests performed for the early detection of select diseases, before an individual starts to show symptoms or signs. This is important because in most cases, early detection of disease allows for earlier intervention and a better prognosis (especially if management is adhered to).

The Ministry of Health and Wellness' "Know Your Numbers" initiative for community-based screening for NCDs commenced in 2023 and involved screening in 4 main areas as it relates to NCDs – Blood pressure, Blood sugar, Blood cholesterol, BMI (Weight for height). Additional tests are done at "Know Your Number's" events, including Waist circumference, HIV and Syphilis tests and Visual Acuity.

For the purposes of the Corporate Wellness Challenge for 2025, criteria have been selected for the minimum acceptable standards for the initiation of active screening programmes at workplaces. The workplaces have been separated into micro/small, medium and large based on number of staff and the requirements for each category are listed below, with score allocation.

Eligibility Criteria	Micro/Small business (20 or less staff members)	Medium (21-50 staff members)	Large (greater than 50 staff)
Minimum set of screening tests required to be performed/recommended at annual events	- Blood pressure - Random blood glucose - Weight - Height	- Blood pressure - Random Blood glucose - Weight - Height - Referral to doctor for blood cholesterol test in lab	- Blood pressure - Random Blood glucose - Weight - Height Referral to doctor for blood cholesterol test and other relevant NCD screening tests – Pap smear, Digital rectal exam, PSA, mammogram, stool tests in lab
Minimum % of staff screened	60%	60%	60%
Point allocation for % of staff screened	1-20% - 40 points 21-40% - 60 points 41-60% - 80 points 61%-80% - 100 points	1-20% - 40 points 21-40% - 60 points 41-60% - 80 points 61%-80% - 100 points	1-20% - 40 points 21-40% - 60 points 41-60% - 80 points 61%-80% - 100 points